

Ways to Give Thanks

EACH AND EVERY DAY!



Let us Give Thanks to God not only on one day...Thanksgiving, but each and every day...for the mighty blessings that He gives us.

Check out some of the suggestions for giving thanks to God the whole year through!

Let us ask for the grace to thank God for our lives and those we love.

Lets us make our gratitude to God alive throughout the holiday season, not just on the fourth Thursday of November.

Say “thank you” more often.

Let us learn to count our blessings... truly, we have so many!

Begin each day by thanking God for the blessing of being alive.

Say “thank you” before eating or drinking.

Have a notebook or journal to write down at least one thank you to God for blessings that day.

Stand outside — look around and thank God for all that you see!

Thank God for work that gives us a sense of purpose and meaning.

We need to give thanks for sufferings in our lives, too! These are also blessings, and experiences, that we can learn from in life.

Live simply — give more — expect less.

Thank God and praise Him each and every opportunity that you get!



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Let every day be a day of Thanksgiving!